

Glory Be To The Father

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

- Author unknown



The Lord's Prayer

Our Father, who art in heaven, hallowed be thy name.
Thy Kingdom come.

Thy will be done on earth, as it is in heaven. Give us this day our daily bread.

And forgive us our trespasses, as we forgive those that trespass against us.

And lead us not into temptation, but deliver us from evil.

For thine is the kingdom, the power, and the glory, for ever and ever. Amen.

-1928 version Prayer Book of the Episcopal Church



The Lord Is My Shepherd

The Lord is my shepherd; I shall not want.

He makes me lie down in green pastures.

He leads me beside still waters.

He restores my soul.

He leads me in paths of righteousness for his name's sake. Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; Your rod and your staff, they comfort me. You prepare a table before me in the presence of my enemies; You anoint my head with oil; my cup overflows. Surely goodness and mercy shall follow me all the days of my life, And I shall dwell in the house of the Lord forever.

***** Serenity Prayer

God grant me the serenity to accept the things I cannot change; encourage to change the things I can; and wisdom to know the difference. Living one day at a time; enjoying one moment at a time; accepting hardships as the pathway to peace; taking, as He did, this sinful world as it is, not as I would have it; trusting that He will make all things right if I surrender to His Will; that I may be reasonably happy in this life and supremely happy with Him Forever in the next. Amen.

- Reinhold Niebuhr



Traditional Irish Blessing

May the road rise up to meet you.

May the wind always be at your back.

May the sun shine warm upon your face,
and rains fall soft upon your fields.

And until we meet again,

May God hold you in the palm of His hand.

Author unknown



Golden Chain Prayer

We are a link in Amida's golden chain of love that stretches around the world, we will keep our link bright and strong. We will be kind and gentle to every living thing and protect all who are weaker than ourselves. We will think pure and beautiful thoughts, say pure and beautiful words, and do pure and beautiful deeds. May every link in Amida's chain of love be bright and strong, and may we all attain perfect peace.

Traditional Buddhist Prayer

May all beings have happiness and the causes of happiness; May all be free from sorrow and the causes of sorrow; May all never be separated from the sacred happiness which is sorrowless; And may all live in equanimity, without too much attachment and too much aversion, And live believing in the equality of all that lives.



A Hindu Peace Prayer

I desire neither earthly kingdom, nor even freedom from birth and death. I desire only the deliverance from grief of all those afflicted by misery. Oh Lord, lead us from the unreal to the real; from darkness to light; from death to immortality. May there be peace in celestial regions. May there be peace on earth. May the waters be appeasing. May herbs be wholesome and may trees and plants bring peace to all. May all beneficent beings bring peace to us. May your wisdom spread peace all through the world. May all things be a source of peace to all and to me.

Om Shanti, Shanti, Shanti (Peace, peace, peace).

-M.K. Gandhi Institute for Nonviolence



Earth Prayer

Hey! Learn to hear my feeble voice.

At the center of the sacred hoop
You have said that I should make the tree to bloom.
With tears running, O Great Spirit, my Grandfather,
With running eyes I must say
The tree has never bloomed.
Here I stand, and the tree is withered.
Again, I recall the great vision you gave me.
It may be that some little root of the sacred tree still lives.

Nourish it then
That it may leaf
And bloom
And fill with singing birds!
Hear me, that the people may once again.
Find the good road
And the shielding tree.
- Black Elk, Black Elk, Holy Man of the Oglala Sioux

When I walk through thy woods



When I walk through thy woods, May my right foot and my left foot Be harmless to the little creatures That move in its grasses: as it is said By the mouth of thy prophet, They shall not hurt nor destroy In all my holy mountain.

- Rabbi Moshe Hakotun

Prayer For Healing

Get rid of the hardship and heal,
O Lord of the People,
you are the Healer,
and there is no healing of disease
like Yours.

Let it be healing that is not betrayed by sickness.

- Prophet Muhammad



The tao that can be told is not the eternal Tao. The name that can be named is not the eternal Name. The unnamable is the eternally real. Naming is the origin of all particular things. Free from desire, you realize the mystery. Caught in desire, you see only the manifestations. Yet mystery and manifestations arise from the same source. This source is called darkness. Darkness within darkness. The gateway to all understanding.

- Lao Tzu from the "Tao Te Ching"